

# LUNCH

# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Meals are served with choice of milk Menus are subject to change</i>					1	2
3	Hot ham/cheese 4 Potato wedges Fresh broccoli Fruit cocktail	Pepperoni pizza 5 Tossed salad Cherry tomatoes Fresh oranges	Lasagna 6 Garlic bread/sauce Garden salad Fresh apple C C cookie	Chicken patty 7 w/w roll/honey Mashed potato/gravy Steamed asparagus Sliced pears	8	9
10	Chicken nuggets 11 Seasoned brown rice Asian vegies Tomatoes/celery Tropical fruit	Super nachos 12 Refried beans Southwestern lentils Fruit cup	Cheese breadsticks 13 w/ sauce Seasoned corn Fresh kiwi	Pulled pork 14 Creamy cole slaw Baked beans Fresh strawberries	Turkey/ cheese 15 Sandwich/lettuce Tomato and chips Tropical	16
17	Hamburger 18 Lettuce/tomato Oven fries Red bell peppers Fresh oranges	Chicken fajitas 19 Spanish rice Tossed salad Mandarian oranges	Beef/noodles 20 Mashed potatoes Green beans Grapes Blueberry oat muffin	Sloppy joes 21 Roasted red potatoes Broccoli/cheese Fresh apple	22	23
24	Stromboli 25 Breadstick(9-12) Garden salad Fresh baby carrots Diced peaches	BBQ beef on a bun 26 Fresh snow peas Baked beans Summer fruit salad Royal brownies	Turkey/cheese sub 27 Lettuce/tomato Sweet potato fries Fresh kiwi	Country style patty 28 Mashed potato/gravy Steamed broccoli Fresh pineapple		

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